

10 Minute Ukulele Warm up

The following warm up exercises will cover some fundamentals for Ukulele.

Play the exercises for at least 1 minute and try to do it in a musical way.

For the scales you can use a backing track on YouTube in the corresponding key and style.

Exercises:

1. Play the C Major Scale
2. Play the C Minor Scale
3. Play the C Blues Scale
4. Play all the chords you know in succession with smooth transitions.
Make sure to check for the quality of the chord by strumming the whole chord and then play the individual strings with your right hand to notice if any notes are muted or silent.
5. Practice a new chord or difficult chord. For instance a B7 chord or any other (bar) chord that is not within your skill set yet. Look for the most comfortable way of holding your hand and wrist with this new chord. Pay attention to any muscle cramps.
6. Play the D Major Scale
7. Play the D Minor Scale
8. Play the D Blues Scale
9. Play a fingerpicking pattern in a steady and controlled speed.
10. Play that same fingerpicking pattern while changing chords all over the place, keeping it steady and controlled.